DITCHINGHAM PRIMARY ACADEMY

14th March 2025

Executive Head

The children (and us) have really enjoyed the lovely sunshine this week, even if it has been mixed in with such a mix of all weathers including frost and icy rain! I have been really pleased by the hard work happening in each class across a range of subjects. I have heard lovely singing and music, seen excellent pieces of writing and heard about fun DT projects

Mrs Brand

Robins

This week Robin Class have been updating their class sunflower diaries and comparing the differences between different types of seeds such as Broad Bean, Tomato, Beetroot, Runner Bean and Pea with bulbs such as Garlic, Onion, Rain Lily, Muscari and Gladiolus.

During our PSHE lessons we have been discussing the differences between kind and unkind behaviour and sharing examples of these.

Our design technology focus this week has been discussing where fruit comes from and how it is grown.

During PE this term we will be exploring 'invasion games'. This week we have had fun learning to creatively keep possession of a ball and to communicate successfully with our teammates. I am so impressed by the level of empathy demonstrated by all when giving time for teammates to succeed!

Barn Owls

This week in Barn Owls we have been writing our own debates on whether archaeologists should be allowed to remove items from ancient tombs - clearly joining up with our history topic too. I maths we have all been working on fractions - and enjoyed a practical session al together on equivalent fractions. In science we acted out go electrons flow around a circuit to make electricity work and in history we have revisited the rather fascinating topic of how and why the Egyptians mummified their important people. In Food Tech we enjoyed tasting a variety of breads and fillings , ready to plan our sandwich and in PE we have carried on dancing and working on our fitness. This week Year 3 have started 'Esio Trott' and next week Year 4 will start 'The Iron Man' - two short books to see us through to the summer term.

Please encourage the children to practise their weekly spellings on Ed Shed, to improve their times tables at wwwtimestables.co.uk and to read regularly.

Quite a few pupils have started to bring fidget/ fiddle toys into school. Whilst these can be useful, they can also be more of a hinderance than a help. If you think a toy might help, please could you discuss it with me first.

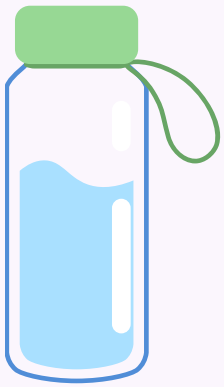
Golden Eagles

In PE this half term Golden Eagles are focusing on dance and handball. If you have never heard of handball before, it is a game where there are two teams of seven players. Players compete by passing a ball to other members of their team using their hands, with the aim of throwing the ball into the other team's goal. Whoever scores more goals wins. Handball is a high action game: a standard match lasts just 60 minutes, and games often finish with teams having scored over 20 goals!

Our Year 5's have been busy creating biographies on a diverse range of famous people from both past and present from Lionel Messi to Albert Einstein. We very much look forward to reading these and hope we can share this writing with you soon.

Water Bottles

We have observed a rise in the number of children forgetting to bring a water bottle to school. Please make sure your child brings a water bottle with them every day.



Whole School Attendance

Year to date

95.17%

Learn About Livestock

24th March - 28th March

We are one of 20 schools selected to take part in a project that gives children the opportunity to experience farming first hand, by caring for a ewe and her lamb(s) on our school ground for an entire week.

You can find more information regarding Learn About Livestock here https://ffdt.co.uk/explore/learn-about-livestock-2023

Gail Sprake, member of the Rare Breeds Survival, is the driving force behind the project.
Gail says: *"The 'Learn about Livestock' project is the most rewarding project I think I have ever been involved with. From the initial pilot scheme in 2019, 'Learn about Livestock' has grown significantly in reputation and reach.*
To have a ewe and her lambs on the school site for one week provides an opportunity for the entire school to get up close to the animals, and to take responsibility for their animals within a carefully structured environment.
So many of the pupils have never been up close to farm livestock – to be able to feel, hear, smell and touch the ewes and lambs provides lasting memories, and it opens a tiny window into a whole new world, who knows where this could lead."

School Prayer

Dear God, during this time of Lent, fill us with your joy and peace as we prepare to celebrate all that Jesus did for us at Easter. Amen.

KINGFISHER FEDERATION

Kingfisher Reading Wings Award

This week

Robins

Attendance Award

This week

Golden Eagles

Important Dates

Red dates have been added/updated since previous newsletters

- 14/03 - World Book Day pictures in Beccles & Bungay Journal
- ~~17/03 - Learn About Livestock Week~~
- 17/03 - Eat them to Defeat Them
- 21/03 - Comic Relief - Non-Uniform - Donate here
- **24/03 - Learn About Livestock Week**
- 28/03 - Mothers Day messages in Beccles & Bungay Journal
- 31/03 - Easter Service, St. Mary's Church Ditchingham 2.15 pm Parents Invited **Please complete the consent from here**
- 04/04 - Last Day of Spring Term 2
- 23/04 - First Day of Summer Term 1
- **23/04 - New Nourish menu**
- 05/05 - Bank Holiday
- 06/05 - Tempest Y6 Leavers Photos & Class Photos
- ~~07/05 - Y1 & Y2 Multskills at Hobart~~ - Cancelled
- 09/05 - Bikeability Level 2 (Year 5)
- 23/05 - Hobart visiting Y6
- 23/05 - Last Day of Summer Term 1
- 02/06 - First Day of Summer Term 2
- 02/06 - Barn Owls Hockey Session in school (PE Kit)
- 04/06 - Golden Eagles to visit Broome Village Hall
- 10/06 - Golden Eagles Tag Rugby in school (PE Kit)
- ~~07/07 - Y6 Road Safety Session~~ (to be recheduled due to transition dates)
- **23/06 - Barn Owls Hockey Festival at Langley**
- 30/06 to 02/07 - Golden Eagles Horstead Residential
- 01/07 - Bungay High School Transition (Y6)
- 07/07 to 09/07 - Hobart High School Transition (Y6)
- **18/07 - Y6 Leavers trip to Pleasurewood Hills**
- 22/07 - Last Day of Summer Term 2 (end of Academic Year)

Useful Information

Ditchingham Church of England Primary Academy

Calendar	Click Here
Telephone Number	01986 893 277
E-mail address	ditchinghamoffice@kingfisherpartnership.org
Term Dates 2024-2025	Click Here
Term Dates 2025-2026	Click Here
Support Resources	Click Here

Enrichment Clubs

Ditchingham Church of England Primary Academy

Monday	Tuesday	Wednesday	Thursday	Friday
Morning Club ***8.00am - 8.50am*** £2.50 per day via Parentmail	***Morning Club*** ***8.00am - 8.50am*** £2.50 per day via Parentmail	***Morning Club*** ***8.00am - 8.50am*** £2.50 per day via Parentmail	***Morning Club*** ***8.00am - 8.50am*** £2.50 per day via Parentmail	***Morning Club*** ***8.00am - 8.50am*** £2.50 per day via Parentmail
After School Club ***3.20pm - 4.20pm*** **Mrs FB** **Lego Club** £4 per session via Parentmail	***After School Club*** ***3.20pm - 4.20pm*** **Mrs Woodgate** **Art Club** £4 per session via Parentmail		***After School Clubs*** ***3.20pm - 4.15pm*** **Mr Sibbons** **Football** £4 per session via Parentmail	***After School Clubs*** **3.20pm - 4.20pm** **Mrs Woodgate** **Games & Gardening** £4 per session via Parentmail

Please contact the school office if you require financial support
or head to https://www.gov.uk/help-with-childcare-costs

APRIL TO OCTOBER 2025

WEEKLY MENU

NOURISH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 21ST APRIL 12TH MAY 9TH JUNE 30TH JUNE 21ST JULY 1ST SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER	Mild Chilli Beef Tomato & Herb Penne Pasta **1 VG** Jacket with a Choice of Toppings **7,8,9** Rice, Mixed Peppers, Peas Jammy Finger **1,6 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Chicken & Tomato Pasta Shells **1** Cheese & Bean Wrap Pocket & Wedges **1,7 VG** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausage Roll & Gravy **1,6** Vegetable Sausage & Gravy **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Loaded Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1**, Sweetcorn, Coleslaw **9** Sultana Cake **1VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** or Salmon Fish Cake **1,7,8** Cheese & Tomato Pinwheel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Baked Beans, Cucumber Caramel Cookie **1,7** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 28TH APRIL 19TH MAY 16TH JUNE 7TH JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER	Vegetable Nuggets with Tomato Sauce & Rainbow Rice **1VG** Tomato & Sweetcorn Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Carrots, Peas Vanilla Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Minced Beef Pie **1** Cheesy Pasta Twists **1,7 V** Jackets with a Choice of Toppings **7,8,9** Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse **7,3** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Vegetable Pastry Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Cabbage, Carrots Cornflake Cookie **1,3,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Pulled Pork Loaded Wedges Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Green Beans, Coleslaw **9** Spiced Apple Focaccia **1,3 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Tuna Penne Pasta **1,7,8** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Grated Carrot Oaty Biscuit **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 5TH MAY 2ND JUNE 23rd JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER	Bolognaise Pasta Shells **1** Savoury Cheese Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Baked Wedges Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Mild Chicken Curry Herby Tomato Penne Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice, Green Beans, Carrots Peach Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausages & Gravy **1,6** Vegetable Sausage & Gravy **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Broccoli, Swede Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Macaroni Cheese **1,7 V** Tomato & Vegetable Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Carrots, Mixed Peppers Chocolate Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** Vegetable Nuggets **1 VG** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Sweetcorn, Coleslaw **9** Ginger Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Selection of Salads 9, Homemade Bread 1,3. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

UK Health Security Agency

NHS

Should I keep my child off school?



Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek

SCAN ME

Advice and guidance

To find out more, **search for health protection in schools** or scan the QR code or visit **https://qrco.de/minfec**.

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Community


BECCLES R.U.F.C.
MINIS & TINYS RUGBY
COME AND JOIN IN THE FUN!
Our new season has now started and our youngest players are leading the way! Our Minis and Tiny's train every Sunday at 10am.
Come on down and join our rugby family, make new friends and build confidence in a friendly fun and safe environment.
All age groups catered for from Pre-school to Year 7!
More info on our free taster sessions please contact minis@becclesrufc.co.uk

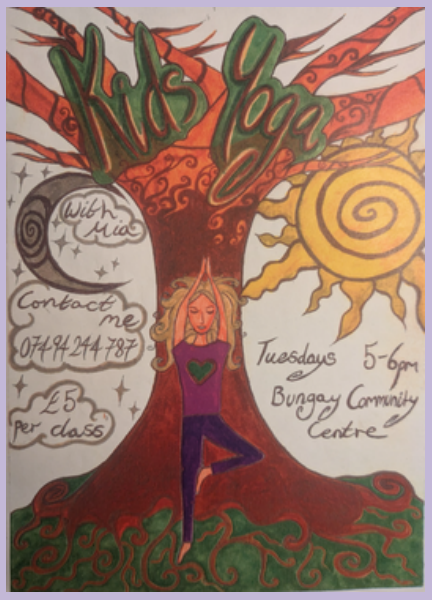

INTERESTED IN SWIM LESSONS, BUT NOT SURE WHAT TO EXPECT?
COME AND JOIN US FOR A
FREE SWIM LESSON TRIAL
AT WAVENEY VALLEY LEISURE CENTRE
FREE TRIALS BOOKABLE BY EMAILING
KIRSTYHOLMES@EVERYONEACTIVE.COM


Easter Activities
INTENSIVE SWIMMING COURSES
Suitable for 4 years+
max 4 swimmers per class
30mins each day
COLNEIS POOL FELIXSTOWE
5 Day Course
7th - 11th April
£59.75
OAKLANDS LEISURE POOL FLIXTON RD
3 Day Course
7th - 9th April
£35.85
REDLINGFIELD
3 Day Course
9th - 11th April
£35.85
YOXFORD
3 Day Course
7th - 9th April
£35.85
ACTIVITY SESSIONS
1 hour - Oaklands Leisure Pool only
Boogie Board & Fin swimming
Junior Lifeguarding
PRIVATE TUITION
1:1 and 2:1 suitable for adults and children available at all pools
BOOK NOW
water lilies swimming school
Email: treacle@waterlilliesswim.co.uk


earthwake
Outdoor Play Activity Days
Days of freedom in nature, for children aged 5-11.
A huge range of activities will be available to choose from. Enjoy tool use, den building, green woodworking, natural art, free play, invertebrate hunting, hammock swinging & preparing & cooking food, to eat together.
To book, visit the Eequ website: https://eequ.org/book/earthwake-outdoor-play-activity-days-with-earthwake-cic-9748
Location and dates: Ilketshall St Lawrence Primary - Monday 7 & Tuesday 8 April.
Times: 10am - 3pm.
These are HAF funded days. Children's places are FREE, if they are in receipt of benefits related free school meals. Paid places are available at a cost of £29.80/child/day.
What's included?: A cooked lunch and snacks, all equipment and resources (art creations and woodwork pieces can be taken home).
If transport to the activity days is an issue, please get in touch, as East Suffolk Council may be able to cover the cost of bus tickets and public transport. If you have any questions, please call or message Kat - 07881 527967, sjandkcwilson@gmail.com
Sessions will be run by Kat & Lorna - experienced, friendly & inclusive, qualified First Aiders with enhanced DBS checks and level 3 Forest School qualifications.


CAMPS WITH THE CHAMPS
SOUTHWOLD RFC
FOR BOYS AND GIRLS AGED 6-16
Monday 14th – Wednesday 16th April
WWW.NORTHAMPTONSAINTS.CO.UK/COMMUNITY/CAMP-BOOKING
SAINTS RUGBY CAMPS
SAINTS RUGBY CAMPS
Travis Perkins


JACKET POTATO, CHOICE OF FILLING, SALAD AND FRUIT
SPUD CLUB
SUGGESTED DONATION £1
After school club
for primary age kids during term time
Thursdays 3.30 pm - 5.00 pm
Bungay Community Centre NR35 1PU
ACTIVITIES, FUN, CRAFT, GAMES, PRAYER STATION AND A FREE HEALTHY MEAL
With thanks to funding from East Suffolk Council, Tesco Stronger Starts Community Grants, and The Simon Gibson Charitable Trust
If's helpful to know numbers, please contact Ed on 07400033746 or email: edward.land@lightwave.community or just turn up!
Children to be accompanied by an adult
@LightwaveBungayandBeyond
www.lightwave.community


Kids Yoga
With Mia
Contact me
07494244787
£5 per class
Tuesdays 5-6pm
Bungay Community Centre